

Youth Outpatient Treatment



Programs are funded/certified by:

- Los Angeles County Substance Abuse Prevention And Control (SAPC)
- Los Angeles County Department of Mental Health (DMH)
- Certified Accreditation of Rehabilitation Facilities (CARF)

Fees

- No cost for Prevention Classes
- Medi-Cal Insurance for Drug Counseling
- Medi-Cal Insurance for Mental Health Counseling

Service Area

- SPA 8 (Beach Cities, Long Beach, Harbor City)
- Limited to other SPA areas

Language Provided

- English & Spanish

Other AADAP, Inc services are available.
For more information, contact our
Corporate Office at (323) 293-6284
or www.aadapinc.org.

Get Social With Us www.aadapinc.org



facebook.com/AADAPInc



instagram.com/aadapinc

Contact Details

13931 Van Ness Ave
Gardena, CA 90249

To make appointment call

Tel: (310) 768-8018
Fax: (310) 768-4170

Hours of Operation

Monday-Friday 10 am – 7 pm
Saturday 10 am – 2 pm

Youth Outpatient Treatment

The Youth Outpatient Treatment (YOT) offers comprehensive substance abuse and mental health services to youth and young adults. Services include individual, family, and group counseling, case management, psychiatric evaluations and medication management, recovery support, and urinalysis testing.

We accept Medi-Cal.



AADAP, Inc

Asian American Drug Abuse Program, Inc.

Since 1972, AADAP, Inc. has been providing quality, affordable drug and alcohol treatment services in Los Angeles. AADAP is licensed in the State of California and has a behavioral health accreditation from CARF International.

Services Offered

MENTAL HEALTH

Counseling/Therapy

- For those experiencing emotional and/or behavioral problems
- Children/youth ages 5-18
- Outpatient counseling/therapy
- Early & Periodic Screening, Diagnosis, & Treatment, (EPSDT) ages 5 – 18. Treats most psychological or emotional problems
- Triple-P (Positive Parenting Program (PPP) ages 5 – 15. Treats parenting /behavioral problems with the child

- Trauma Focused Therapy, (TF-CBT) ages 5 – 18 Treats trauma related problems
- Recovery Resilience & Re-Integration (RRR) ages 5 – 15 Treats those in Foster Care, Co-Occurring Substance Abuse, Juvenile Justice Involved, & Trauma problems
- Interpersonal Psychotherapy for Treatment (IPT) ages 12-18. Treats problems with depression and interpersonal distress
- Psychiatrist performs evaluations and prescribes medications when needed.
- Average length of counseling/therapy 4-12 months.
- In home and field-based services available



Drug Counseling/Treatment

Drug Medi-Cal Services (DMC)

- For those with a moderate to severe drug & alcohol problem
- Youth ages 12 to 20
- Outpatient Counseling:
Up to 3-6 hours of counseling
- Intensive Outpatient Counseling:
Up to 7-19 hours of counseling
- Individual counseling
- Family counseling (strongly recommended)

Youth Outpatient Treatment

- Group counseling
- Case management
- Urinalysis/drug testing
- Recovery support
- Length of services up to 6 months
- Services are provided at the center



DRUGS/ALCOHOL

Drug Classes

Adolescent Prevention Services (APS)

- For those exposed, beginning to experiment or a mild drugs & alcohol problem
- Children/youth ages 8 to 24
- 10 drug & alcohol and other life skills topics
- Services are offered in at center & school setting
- Length of services 2 ½ months

FREE NO COST
FOR SERVICES

Presentations

- Mental health & drugs/alcohol education & awareness presentations
- Outreach to schools, providers, families, & communities

FREE NO COST
FOR SERVICES



AADAP, Inc.